

# CENTER STAGE CURB SIDE

## PICK-UP MENU - FRIDAY JULY 23RD

### Franklin Street - Historic Downtown Rocky Mount

Taking Orders Weekly From Monday until 3:00 p.m. on Thursday  
Select Your Friday Pick Up Time Between 4:00 - 6:00  
To Place Your Order - Call 540.489.7827 -OR- online at [www.centerstagefood.com](http://www.centerstagefood.com)

♥ Let Us Cook for YOU ♥  
Healthy-Delicious Individual Prepared Meals  
14.00 each | 2 for 26.00 | 4 for 48.00 ... Mix-n-Match!

#### Hand-made Parmesan-Herb Meatballs (Keto)

Marinara | Mozzarella  
- On a Bed of Rustic Ratatouille

#### Grilled Jerked Chicken Thigh Quarter (Keto-ish 😊)

Coconut-Cauliflower Rice | Pineapple Salsa

#### BBQ Glazed Chicken Breast (Keto)

On a Bed of Grilled Summer Squash

#### Sweet Thai Chili Noodle Bowl (Chicken, Shrimp, or Tofu)

Sesame Ginger Noodles | Stir Fried Vegetables

#### Fajita Bowl (Chicken, Shrimp, or Vegetable)

Sofrito Rice | Black Beans | Peppers | Charred Corn | Cilantro-Lime Crema

#### Roasted Seasonal Vegetables (Keto)

Carrots | Mushrooms | Braised Greens | Squash  
- veggies may vary based on what our wonderful local farmers have to offer

#### CSC Signature Salad

Wild Hare Farms Mixed Greens & Shaved Cabbage | Signature Granola Topper  
Sweet Vidalia Onion Vinaigrette

#### Pie of the Month

#### 🌟 Keto S'mores Pie 🌟

Dark Chocolate Mousse | Toasted Marshmallow Topping | Keto Graham Cracker Crust  
18.00 whole

- utilizing almond flour and plant based sugar alternative -

#### ▶▶ FROM THE FREEZER MEALS ▶▶

Mix-n-Match ~ Heat until Bubbly...Enjoy!!  
Chicken Pot Pie \* Baked Ziti with Hearty Meat Sauce \* Vegetarian Shepherd's Pie \*  
Cheesy Chicken-Broccoli Casserole \* Hash Brown Casserole \*

