

CENTER STAGE CURB SIDE

PICK-UP MENU - FRIDAY JULY 30TH

Franklin Street - Historic Downtown Rocky Mount

Taking Orders Weekly From Monday until 3:00 p.m. on Thursday
Select Your Friday Pick Up Time Between 4:00 - 6:00
To Place Your Order - Call 540.489.7827 -OR- online at www.centerstagefood.com

♥ Let Us Cook for YOU ♥
Healthy-Delicious Individual Prepared Meals
14.00 each | 2 for 26.00 | 4 for 48.00 ... Mix-n-Match!

Hand-made Parmesan-Herb Meatballs (Keto)

Marinara | Mozzarella
- On a Bed of Rustic Ratatouille

Grilled Jerked Chicken Thigh Quarter (Keto-ish 😊)

Coconut-Cauliflower Rice | Pineapple Salsa

BBQ Glazed Chicken Breast (Keto)

On a Bed of Grilled Summer Squash

Sweet Thai Chili Noodle Bowl (Chicken, Shrimp, or Tofu)

Sesame Ginger Noodles | Stir Fried Vegetables

Fajita Bowl (Chicken, Shrimp, or Vegetable)

Sofrito Rice | Black Beans | Peppers | Charred Corn | Cilantro-Lime Crema

Roasted Seasonal Vegetables (Keto)

Carrots | Mushrooms | Braised Greens | Squash
- veggies may vary based on what our wonderful local farmers have to offer

CSC Signature Salad

Wild Hare Farms Mixed Greens & Shaved Cabbage | Signature Granola Topper
Sweet Vidalia Onion Vinaigrette

Pie of the Month

🌟 Keto S'mores Pie 🌟

Dark Chocolate Mousse | Toasted Marshmallow Topping | Keto Graham Cracker Crust
18.00 whole

- utilizing almond flour and plant based sugar alternative -

▶▶ FROM THE FREEZER MEALS ▶▶

Mix-n-Match ~ Heat until Bubbly...Enjoy!!
Chicken Pot Pie * Baked Ziti with Hearty Meat Sauce * Vegetarian Shepherd's Pie *
Cheesy Chicken-Broccoli Casserole * Hash Brown Casserole *

